



# **MENU for Term 4, 2024**

## **Every MONDAY:**

Chicken Katsu Rice Bowl topped with sweetcorn, carrot & toasted sesame, seasonal fruit, homemade baking & fish shaped crackers.  
(vegetarian, dairy free & gluten free ingredient options available)

## **Every TUESDAY:**

Ham, lettuce & cheese Wrap, seasonal fruit, homemade baking with chocolate yoghurt pot.  
(vegetarian, dairy free & gluten free ingredient options available)

## **Every WEDNESDAY:**

Vanilla Honey Waffles with raspberry coulis, seasonal fruit, homemade baking & popcorn.  
(gluten free ingredient option available)

## **Every THURSDAY:**

American style Hotdog with T sauce, seasonal fruit, homemade baking & cheesy pizza muffin.  
(vegetarian & dairy free ingredient options available)

## **Every FRIDAY:**

Karaage Chicken, cucumber & kewpie Sushi with soy sauce, seasonal fruit, homemade baking with corn chips & hummus.  
(vegetarian, dairy free & gluten free ingredient options available)

**OR**

Hot Lunch option available for CMS students (see the website for more details)